



Mountain bike size chart

Your height picks the letter. Between sizes: size up for a longer, steadier bike, down for a nimbler one.

Size	evo, all brands	Specialized Rockhopper	Specialized Epic and Chisel	Typical frame
XS	148–158 cm	142–155 cm	148–155 cm	13–14"
S	159–168 cm	153–165 cm	158–165 cm	15–16"
M	169–178 cm	163–178 cm	165–178 cm	17–18"
L	179–185 cm	175–185 cm	178–185 cm	19–20"
XL	186–193 cm	183–195 cm	185–193 cm	21–22"
XXL	194–+ cm	193–+ cm	191–200 cm	23" +

Check standover

Leave at least 5 cm (2") between you and the top tube.

Inseam × 0.226

Gives the matching seat tube in inches, as a check: 84 cm → 19".

Sources: evo size chart and Specialized size guide (rider heights). Checked 30 Oct 2026. Sizes are guidance: check the brand's chart for the exact model.