



Kids’ bike size chart

Kids’ bikes are sized by wheel, and the inseam picks the wheel. A new or nervous rider starts on the smallest wheel that fits, a confident one on the largest.

Wheel	Inseam	Height	Ages
12"	14–18" (36–46 cm)	34–40"	2–3
14"	15–20" (38–51 cm)	37–44"	2–4
16"	16–22" (41–56 cm)	41–48"	4–6
20"	19–25" (48–64 cm)	45–54"	5–8
24"	23–28" (58–71 cm)	49–59"	7–11
26"	25" + (64 cm +)	56" +	10 +

Measure the inseam

Socks on, back to a wall, feet 15–20 cm apart. Pull a hardback book up between the legs, as firm as a saddle. Mark the top of the book on the wall and measure to the floor.

Seat height

First pedal bike: seat at inseam height, both feet down.
Confident rider: 2–4" above the inseam. Never a wheel bigger than the inside leg.

Sources: REI and Two Wheeling Tots inseam ranges; Cycling UK. Checked 30 Oct 2026. Sizes are guidance: check the brand’s chart for the exact model.